

# The guide

## HOW TO CHOOSE A SUITABLE BOOK FOR YOUR CHILD

"A child who reads will be an adult who thinks."

### Benefits:

- **Imagination Stimulation:** Discover various worlds and adventures to enrich imagination.
- **Language and Vocabulary Development:** Expand vocabulary with diverse stories.
- **Understanding and Analysis:** Understand story elements and concepts of cause and effect.

### Introduction:

The choice of your child's first books is a gateway to their future love of reading and a pillar in their cognitive and emotional development. Well-chosen books can enrich their vocabulary, stimulate their curiosity, ignite their imagination, and strengthen their empathy. Selecting books that are appropriate for their age, interests, and developmental stage is essential to fostering a positive and enriching reading experience.

### Selection criterias:

- **Age and Development:** Choose books suitable for your child's developmental pace. Picture books are perfect for toddlers, while simple stories are better for older children.
- **Type of Text and Content:** Books without text or with few words encourage interaction, while those with simple sentences foster narrative comprehension.
- **Simplicity and Clarity:** Prioritise short and simple texts to keep young readers engaged without overwhelming them.
- **Repetition and Rhymes:** Repetitions and rhymes captivate children and facilitate language learning.
- **Illustrations and Visuals:** Attractive and relevant illustrations enhance the reading experience by helping children visualize the story.
- **Interactive and Sensory Elements:** Books with tactile elements, pop-ups, or sounds stimulate the senses and make reading more engaging.
- **Basic Concepts:** Choose books that introduce key concepts (colors, shapes, numbers) in an interactive and fun way.

### Practical tips:

- Before purchasing a book, take the time to browse through it to assess its relevance.
- Read a few pages to get a sense of the text's rhythm and evaluate the quality of the illustrations.
- Consult reviews from other parents or educators to guide you toward the best choices.

### Useful Resources:

Check children's literary review sites, visit local libraries, or explore selections from bookstores specializing in children's literature to find books that your child will enjoy and that support their development.

## For 18 months to 2 years :

- Where's Spot? by Eric Hill  
A classic lift-the-flap book for seek and find.  
Ideal for developing fine motor skills and curiosity.
- Baby Animals by DK (Dawn Sirett)  
A charming picture book to discover baby animals.  
Stimulates visual recognition and word learning.
- Goodnight Moon by Margaret Wise Brown  
A timeless bedtime story.  
Helps establish a calming bedtime routine.
- The Noisy Farm by Rod Campbell  
A sound book to match animals and their sounds.  
Encourages sound recognition and animal identification.
- Press Here by Hervé Tullet  
An interactive book for learning colors in a playful way.  
Engages children in learning colors in a fun and engaging manner.



## Pour les 2 à 3 ans :

- Potty by Leslie Patricelli  
A fun story to support potty training.  
Ideal for accompanying children in this key developmental step.
- Max the Brave by Ed Vere  
Adventures of a brave little kitten.  
Stimulates courage and humor in young readers.
- Little Blue and Little Yellow by Leo Lionni  
A tender story of friendship that explores colors and emotions.  
Explores themes of friendship and emotions through colors.
- Don't Worry, Little Crab by Chris Haughton  
The courageous story of a little crab exploring the ocean.  
Encourages courage and exploration in children.
- Go Away, Big Green Monster! by Ed Emberley  
An interactive book to help overcome fears.  
Helps children overcome their fears in a playful way.



## Pour les 3 à 4 ans :

- The Color Monster: A Pop-Up Book of Feelings by Anna Llenas  
A pop-up book to explore emotions.  
Helps children understand and articulate their emotions.
- I Love You to the Moon and Back by Amelia Hepworth  
A reassuring story about unconditional love.  
Reinforces the concept of unconditional love.
- Grumpy Monkey by Suzanne Lang  
Dive into an adventure about managing grumpy emotions.  
Captivating for young minds and helps children handle their emotions.
- The Lion Inside by Rachel Bright  
Discover a mouse learning to have the heart of a lion.  
Engaging for young minds and promotes bravery.
- The Very Hungry Caterpillar by Eric Carle  
To learn about the days of the week and the life cycle of butterflies.  
Introduces temporal concepts and biological life cycles.

